

## 2018 YWCA Minneapolis Indoor Triathlon #4 Results

Last Name	First Name	Age	Distance	Race #	Heat	Lane	Swim	T1	Bike	T2	Run	Total	Rank
Kratz	Kristin	49	Mini	M20	7	3	0:07:43	0:01:46	0:13:34	0:00:10	0:09:17	0:32:30	1
Morris	Joe	25	Mini	M3	3	3	0:08:48	0:04:00	0:13:17	0:00:13	0:06:56	0:33:14	2
Kircher	Kyle	53	Mini	M25	17	4	0:08:22	0:02:41	0:14:36	0:00:01	0:08:17	0:33:57	3
Olson	Ashley	27	Mini	M4	3	3	0:08:26	0:03:14	0:13:12	0:00:22	0:08:52	0:34:06	4
Deutsch	Joel	46	Mini	M17	7	2	0:07:09	0:03:50	0:14:22	0:00:11	0:09:06	0:34:38	5
Nicholson	Andrew	35	Mini	M26	17	5	0:12:08	0:02:36	0:12:43	0:00:14	0:08:28	0:36:09	6
Wilson	Adriana	43	Mini	M18	7	2	0:09:07	0:03:58	0:13:15	0:00:14	0:09:37	0:36:11	7
McDougall	Tom	62	MINI	M12	6	3	0:10:50	0:03:19	0:12:24	0:00:12	0:09:44	0:36:29	8
Martin	Sloane	28	Mini	M8	6	1	0:06:50	0:02:55	0:14:27	0:00:03	0:12:21	0:36:36	9
DANAHER	RICHARD	62	Mini	M2	1	4	0:09:58	0:03:02	0:14:23	0:00:08	0:10:05	0:37:28	10
Rickmyer	Marie	54	Mini	M11	6	3	0:07:59	0:02:34	0:14:51	0:00:08	0:12:46	0:38:18	11
Widener	Jennifer	44	Mini	M24	17	2	0:09:01	0:03:54	0:15:23	0:00:31	0:11:53	0:40:42	12
Linderman	Lauren	32	Mini	M10	6	2	0:11:43	0:04:04	0:14:09	0:00:26	0:10:53	0:41:15	13
Anderson	Devon	51	Mini	M7	6	1	0:09:41	0:03:25	0:15:11	0:00:23	0:13:17	0:41:57	14
Windhorst	Mary	59	Mini	M21	7	4	0:11:15	0:03:21	0:15:30	0:00:17	0:12:18	0:42:41	15
McDonald	Pam	62	Mini	M14	6	4	0:13:33	0:04:48	0:12:37	0:00:29	0:12:43	0:44:10	16
Jessen Buetow	Jill	42	Mini	M19	7	3	0:09:51	0:03:27	0:16:07	0:00:43	0:14:19	0:44:27	17
Overvoorde	Mia	16	Mini	M22	7	4	0:13:31	0:03:00	0:14:41	0:00:23	0:13:42	0:45:17	18
Freed	Ken	57	Mini	M16	7	1	0:10:58	0:05:36	0:17:12	0:00:19	0:14:16	0:48:21	19
Stevens	Christine	63	Mini	M9	6	2	0:11:50	0:05:59	0:15:24	0:00:40	0:16:03	0:49:56	20
Khariwala	Sarina	42	Mini	M13	6	4	0:15:58	0:06:08	0:14:51	0:01:11	0:12:32	0:50:40	21

Last Name	First Name	Age	Distance	Race #	Heat	Lane	Swim	T1	Bike	T2	Run	Total	Rank
Kuester	Jake	38	Sprint	S18	3	2	0:06:29	0:03:01	0:15:27	0:00:22	0:17:02	0:42:21	1
Holt	Leah	48	Sprint	S25	4	4	0:09:37	0:02:27	0:16:11	0:00:13	0:13:54	0:42:22	2
Hessels	Nicole	36	Sprint	S1	1	1	0:09:56	0:02:20	0:15:19	0:00:18	0:16:58	0:44:51	3
Hemminger	Lyndsay	34	Sprint	S5	1	3	0:09:26	0:02:51	0:16:35	0:00:09	0:16:01	0:45:02	4
Beal	Sophia	36	Sprint	S21	4	2	0:09:45	0:03:11	0:15:20	0:00:44	0:16:13	0:45:13	5
Hauk	Niki	45	Sprint	S39	15	1	0:12:14	0:02:11	0:15:05	0:00:08	0:16:34	0:46:12	6
Riordan	Simon	42	Sprint	S49	17	3	0:09:52	0:04:11	0:15:47	0:00:17	0:17:35	0:47:42	7
Evans	Amy	26	Sprint	S4	1	2	0:08:07	0:03:21	0:16:49	0:00:20	0:19:14	0:47:51	8
Schmidt	Kirstin	31	Sprint	S17	3	2	0:10:06	0:02:58	0:18:02	0:00:15	0:16:48	0:47:54	9
White	Katherine	32	Sprint	S35	8	1	0:10:01	0:02:49	0:16:34	0:00:08	0:18:40	0:48:12	10
Faul	Kiri	40	Sprint	S42	15	3	0:10:53	0:02:17	0:16:09	0:00:40	0:18:29	0:48:28	11
Kessler	Nina	13	Sprint	S44	15	4	0:08:57	0:02:23	0:18:19	0:00:04	0:19:03	0:48:46	12
Tschida	Joanne	46	Sprint	S43	15	3	0:12:15	0:03:03	0:15:15	0:01:08	0:17:24	0:49:05	13
GREENBERG	JANE	49	Sprint	S6	1	4	0:10:42	0:02:25	0:16:04	0:00:05	0:20:21	0:49:37	14
Williams	Sean	33	Sprint	S20	4	1	0:12:29	0:02:34	0:17:07	0:00:24	0:17:31	0:50:05	15
Rain	Kirsten	41	Sprint	S12	2	3	0:11:15	0:02:30	0:17:59	0:00:10	0:18:20	0:50:14	16
Jandrich	Julie	50	Sprint	S45	15	4	0:10:47	0:01:44	0:17:24	0:01:02	0:19:28	0:50:25	17
Hoelz	Jenna	32	Sprint	S29	5	2	0:12:17	0:03:35	0:18:24	0:00:16	0:19:22	0:53:54	18
Swaney	Theresa	33	Sprint	S24	4	3	0:12:06	0:03:40	0:17:01	0:00:24	0:21:11	0:54:22	19
Kocken	Paula	61	Sprint	S36	8	1	0:10:35	0:02:51	0:15:39	0:00:33	0:25:13	0:54:51	20
Hines	Nicki	43	Sprint	S31	5	3	0:12:09	0:02:11	0:19:59	0:00:27	0:20:09	0:54:55	21
Masciangelo	Abbie	19	Sprint	S48	17	2	0:09:48	0:03:03	0:19:37	0:00:10	0:22:39	0:55:17	22
Cracraft	Heather	41	Sprint	S13	2	4	0:10:22	0:02:44	0:15:55	0:00:19	0:26:54	0:56:14	23
Torinus	Alison	46	SPRINT	S37	13	4	0:12:30	0:04:07	0:16:15	0:01:15	0:22:27	0:56:34	24
Lowry	Cotty	70	Sprint	S8	2	1	0:13:00	0:02:21	0:18:10	0:00:09	0:23:04	0:56:44	25
Suek	Franny	54	Sprint	S34	5	4	0:14:05	0:03:21	0:18:44	0:00:24	0:20:13	0:56:47	26

Moe	Elizabeth	43	Sprint	S10	2	2	0:08:12	0:01:49	0:20:34	0:00:15	0:26:23	0:57:13	27
Abellera-Wright	Michelle	50	Sprint	S33	5	4	0:12:04	0:04:16	0:19:36	0:01:19	0:20:14	0:57:29	28
Erbele	Karri	37	Sprint	S16	3	1	0:10:44	0:02:37	0:20:05	0:00:06	0:24:10	0:57:36	29
Clapp	Deana	43	Sprint	S7	2	1	0:13:25	0:03:14	0:20:28	0:00:34	0:20:02	0:57:43	30
McMonigal	Meg	59	Sprint	S41	15	2	0:12:51	0:03:16	0:17:51	0:00:12	0:23:59	0:58:09	31
Weissenborn	Carol	58	Sprint	S19	4	1	0:13:58	0:02:38	0:17:42	0:00:48	0:23:44	0:58:50	32
Masciangelo	Mary Catherine	48	Sprint	S47	17	1	0:10:35	0:04:30	0:17:50	0:00:20	0:26:02	0:59:17	33
Dunst	Maura	34	Sprint	S2	1	1	0:08:31	0:04:54	0:19:49	0:00:46	0:25:19	0:59:19	34
McCard	Caroline	39	Sprint	S32	5	3	0:10:14	0:01:54	0:19:24	0:00:52	0:28:51	1:00:16	35
Squire	Anne	52	Sprint	S38	15	1	0:13:10	0:03:13	0:17:13	0:00:29	0:28:29	1:02:34	36
Bauch	Amy	58	Sprint	S15	3	1	0:11:18	0:03:09	0:18:21	0:00:29	0:29:18	1:02:35	37
Hagen	Patricia	69	Sprint	S14	2	4	0:14:56	0:02:00	0:17:32	0:00:15	0:30:05	1:04:48	38
Masciangelo	Steve	52	Sprint	S46	17	1	0:15:34	0:05:51	0:16:49	0:01:23	0:26:36	1:06:13	39
McKeown	Diana	49	Sprint	S26	4	4	0:15:05	0:03:44	0:20:13	0:00:09	0:27:07	1:06:18	40
Looney	Claire	23	Sprint	S23	4	3	0:16:21	0:07:02	0:21:43	0:00:23	0:40:28	1:25:57	41

Last Name	First Name	Age	Distance	Race #	Heat	Lane	Swim	T1	Bike	T2	Run	Total	Rank
Westerhaus	Dan	33	Long	L10	9	2	0:09:40	0:02:03	0:17:26	0:00:05	0:19:54	0:49:08	1
Deichman	Carter	17	Long	L49	16	3	0:08:44	0:01:16	0:21:10	0:00:13	0:19:57	0:51:20	2
Zamboni	Brian	44	Long	L2	1	3	0:12:00	0:01:06	0:16:43	0:00:05	0:23:32	0:53:21	3
Chiu	Maria	34	Long	L32	12	2	0:09:56	0:02:04	0:17:56	0:00:14	0:23:59	0:54:09	4
Kelly	Meg	45	Long	L34	12	3	0:10:47	0:02:07	0:17:15	0:00:11	0:24:21	0:54:41	5
Varns	Glen	43	Long	L1	1	2	0:10:47	0:02:22	0:17:16	0:01:07	0:23:14	0:54:46	6
Ellingson	Brent	49	Long	L13	9	4	0:09:30	0:02:00	0:17:24	0:00:21	0:26:10	0:55:25	7
Julkowski	Rick	52	Long	L17	10	2	0:10:25	0:01:40	0:17:09	0:00:09	0:27:54	0:57:17	8
Breen	Jenny	52	Long	L44	16	1	0:11:15	0:01:58	0:21:00	0:00:17	0:22:56	0:57:26	9
Grayson	Brad	35	Long	L46	16	2	0:08:05	0:02:43	0:20:23	0:00:12	0:26:04	0:57:27	10
McJilton	Pauline	50	Long	L16	10	2	0:10:44	0:01:17	0:19:33	0:00:15	0:26:07	0:57:56	11
Nicholson	Brittany	35	Long	L51	17	5	0:11:33	0:02:16	0:18:26	0:00:18	0:25:29	0:58:02	12
Wirth	David	52	Long	L23	11	1	0:12:17	0:02:41	0:18:22	0:00:01	0:25:38	0:58:59	13
Karsten	Michelle	44	Long	L45	16	1	0:11:18	0:02:37	0:19:31	0:00:19	0:25:44	0:59:29	14
Vogel	Dan	34	Long	L11	9	2	0:15:00	0:02:54	0:19:50	0:00:08	0:21:37	0:59:29	15
Koza	Lara	30	Long	L6	8	4	0:14:08	0:02:22	0:18:48	0:00:13	0:25:53	1:01:24	16
Allison	Shannon	38	Long	L42	13	3	0:13:14	0:01:41	0:19:42	0:00:02	0:27:26	1:02:05	17
Amundson	Tom	67	Long	L12	9	3	0:11:14	0:01:51	0:19:43	0:00:30	0:29:01	1:02:19	18
Baker	Sarah	31	Long	L27	11	3	0:10:50	0:01:49	0:21:03	0:00:18	0:28:39	1:02:39	19
Lovelace	Hilary	28	Long	L43	13	3	0:09:01	0:01:59	0:20:25	0:00:11	0:31:09	1:02:45	20
Weeks	John	55	Long	L50	17	3	0:17:17	0:04:41	0:17:56	0:00:31	0:22:27	1:02:52	21
Green	Kathleen	53	Long	L14	10	1	0:11:26	0:03:06	0:20:10	0:00:08	0:29:25	1:04:15	22
Chamberlain	Michelle	45	Long	L19	10	3	0:13:02	0:01:43	0:22:33	0:00:02	0:27:04	1:04:24	23
Overvoorde	Lynn	50	Long	L7	8	4	0:12:20	0:01:48	0:18:48	0:00:47	0:31:02	1:04:45	24
Kay-Lewis	Rebecca	41	Long	L9	9	1	0:13:29	0:03:47	0:19:29	0:00:26	0:27:42	1:04:53	25
Abel	Julianna	36	Long	L40	13	2	0:11:35	0:02:55	0:20:48	0:00:22	0:29:28	1:05:08	26
Hoaby	Kirsten	26	Long	L31	12	1	0:13:36	0:03:29	0:20:17	0:00:08	0:27:42	1:05:12	27
Derrickson	Brooke	40	Long	L3	8	2	0:12:19	0:02:11	0:19:26	0:00:13	0:33:44	1:07:53	28
Bell	Tara	42	Long	L35	12	3	0:13:12	0:04:02	0:20:51	0:00:12	0:29:38	1:07:55	29
Kotlyar	Elina	43	Long	L37	12	4	0:13:31	0:02:19	0:21:39	0:00:11	0:31:39	1:09:19	30
Ferris	Melanie	40	Long	L47	16	2	0:14:24	0:03:45	0:21:01	0:00:11	0:31:13	1:10:34	31
Kinney	Tracey	41	Long	L20	10	4	0:15:54	0:02:25	0:24:28	0:00:57	0:27:11	1:10:55	32
Embser-Herbert	Elvira	51	Long	L24	11	2	0:15:39	0:02:14	0:18:16	0:00:13	0:34:55	1:11:17	33
Simmons	Bryan	54	Long	L28	11	4	0:16:29	0:05:32	0:20:30	0:00:26	0:28:34	1:11:31	34

Skelly	Gabe	36	Long	L38	13	1	0:11:34	0:04:04	0:21:20	0:00:42	0:34:49	1:12:29	35
Ungs	Kaitlin	25	Long	L41	13	2	0:09:24	0:06:47	0:22:05	0:00:18	0:36:05	1:14:39	36
Aanestad	Kari	31	Long	L18	10	3	0:15:05	0:03:06	0:22:35	0:00:04	0:35:30	1:16:20	37
Batten	Jenny	51	Long	L22	11	1	0:12:55	0:03:27	0:19:55	0:00:08	0:41:36	1:18:01	38
Thompson	Jennifer	51	Long	L4	8	2	0:18:25	0:02:47	0:21:45	0:00:19	0:35:17	1:18:33	39
Cammack	Victoria	28	Long	L21	10	4	0:14:12	0:04:46	0:23:09	0:00:12	0:40:12	1:22:31	40
Quisenberry	Karen	50	Long	L36	12	4	0:16:55	0:02:59	0:19:46	0:00:15	0:43:19	1:23:14	41
Hoffman	Dave	52	Long	L48	16	3	0:12:38	0:06:00	0:25:35	0:00:19	0:42:01	1:26:33	42
Lillehei	Pat	73	Long	L8	9	1	0:17:39	0:03:38	0:21:21	0:00:28	0:54:41	1:37:47	43
Baker	Michael	31	Long	L29	11	4	0:15:29	0:03:06	0:23:13	0:00:16	0:01:50	0:43:54	DNF

Last Name	First Name	Age	Distance	Race #	Heat	Lane	Swim	T1	Bike	T2	Run	Total	Rank
Nagel	Colleen	41	RELAY	R5	14	2	0:10:29	0:02:01				0:58:56	1
Booth	Karen	50	RELAY	R5	14				0:18:45	0:00:07			
Waters	Meghan	12	RELAY	R5	14						0:27:34		
Swaim	Amy	45	RELAY	R9	14	4	0:14:21	0:01:19				1:01:18	2
Leong	Stacy	48	RELAY	R9	14				0:17:11	0:00:13			
Smith	Amy	43	RELAY	R9	14						0:28:14		
Bornsztain	Ronald	25	RELAY	R4	14	2	0:08:12	0:05:24	0:18:37	0:00:14		1:02:50	3
Heise	Katherine	23	RELAY	R4	14						0:30:23		
Thomas	Nelli	29	RELAY	R1	13	4	0:09:20	0:01:55				1:04:29	4
Scholz	Liz	29	RELAY	R1	13				0:20:39	0:00:16			
Fisher	Kaci	31	RELAY	R1	13						0:32:19		
Anderson	Mary Ellen	50	RELAY	R8	14	4	0:14:55	0:01:04				1:05:08	5
Anderson	Midge	50	RELAY	R8	14				0:18:29	0:00:01			
Anderson	Mary Ellen	50	RELAY	R8	14						0:30:39		
Wier	Kim	52	RELAY	R7	14	3	0:15:43	0:01:42				1:06:05	6
Tangen	Eva	45	RELAY	R7	14				0:19:03	0:00:05			
Bosl	Ellen	38	RELAY	R7	14						0:29:32		
Kessler	Jessica	46	RELAY	R2	14	1	0:14:33	0:01:42				1:06:44	7
Perry	Monica	35	RELAY	R2	14				0:21:54	0:00:04			
Whebbe	Amber	38	RELAY	R2	14						0:28:31		
Waters	Libby	51	RELAY	R6	14	3	0:11:45	0:01:48				1:14:26	8
Hobbs	Jennifer	38	RELAY	R6	14				0:18:45	0:00:10			
Moen	Holly	43	RELAY	R6	14						0:41:58		