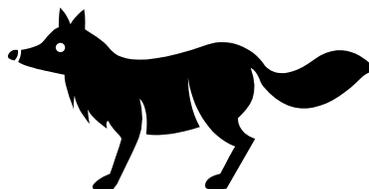


YWCA Silver Fox
Women's Fall Basketball League
Women 40+
Midtown YWCA / Minneapolis Sports Center
2121 E. Lake Street Mpls. MN 55407



Registration opens: Monday, August 20, 2018
Registration ends: Friday, September 7, 2018

Games begin: Wednesday, September 12^h
NO GAMES WEDNESDAY, OCTOBER 31
Games end: Wednesday, November 14th

Game times rotate weekly: 6:00, 6:55, 7:50 and 8:45pm

\$650 per team

One payment per team please.
No more than 12 players per teams

Early registration is highly recommended!
League Coordinator: Tanysha Scott
612-215-4354 or tscott@ywcamppls.org

eliminating racism
empowering women
ywca



YWCA Basketball League Game Rules:

We use the NFHS rules with the exception of rules noted with a * below.

- A. In order to start the game, 4 players from the official team roster must be present.
- B. Forfeit time is 5 minutes past game start time. *
- C. Any team forfeiting must notify the League Coordinator 24 hours prior to the scheduled game time. *
- D. Only players on the official team roster will be allowed to play for their team. The league coordinator and the opposing team captain should approve substitutes. This should be done prior to the tip off. Teams cannot dispute subs once the game has started regardless of the circumstances, unless once the game has started, a sub comes in the game who is not on the official team roster). *
- E. A player is permitted to be on the official roster of more than one team. *
- F. All teams must have numbered, matching dark and light shirts/jerseys. Team's who do not have matching/numbered jerseys will be issued a technical foul to start the game (automatic 2 points and the ball).
- G. Each team is allotted 2 – 30 second timeouts per half. *
- H. Each game consists of two 20-minute halves. First half is running time. If a team is in the lead by 11 points or more with less than 2 minutes left in the game it will stay running time. If the lead falls to 10 points or less, the clock will stop on dead ball situations. *
- I. Substitutions can be made on dead ball situations only. The referee and scorer must acknowledge the substitute and buzz them in. A technical foul will be given if a substitute goes into the game without being acknowledged by both the referee and the scorekeeper. You must wait until the 1st free throw is shot when subbing on a two shot free throw situation.
- J. Bonus situation occurs on the 7th foul. Double bonus occurs on the 10th foul in each half.
- K. Players are allotted 5 fouls during the game. If a player receives their 5th foul and must stay in the game for their team to have enough players, each foul that player receives after their 5th will result in a technical foul.*
- L. We play on “the release” for free throws. *
- M. Overtime will be two minutes. The first minute will have a running clock and the last minute will be stop-time on dead ball situations. Triple OT is sudden victory. *
- N. NO PRESSING or FASTBREAKING if your team is up by 20 or more points in the second half. * If the defensive team is pressing, you may fastbreak.
- O. All players must address the referees and score keepers in a polite, adult manner. This league promotes good sportsmanship! *
- P. No refunds of league fees. *
- Q. NO JEWELRY CAN BE WORN DURING LEAGUE PLAY!
- R. Please wait until there is a dead ball to ask our scorekeepers questions.

- = exception to NFHS rules

Midtown YWCA Policy:

- A. All players must provide a valid picture ID (state driver's license or ID card) and sign in at the check in desk for admittance – no exceptions!



Silver Fox League Team Roster

ATTENTION: TANYSHA SCOTT

Team Name: _____

Captain Name: _____

(H) Phone #: _____

Email Address: _____

(W) Phone #: _____

Visa Discover MasterCard American Express (circle one)

Credit Card #: _____

Expiration Date: _____

Signature: _____

Date: _____

League Fee: \$650.00 per team. One team payment please.

| | Player Name | Age | Email | Phone # |
|----|--------------------|------------|--------------|----------------|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
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| 8 | | | | |
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| 10 | | | | |
| 11 | | | | |
| 12 | | | | |