

eliminating racism
empowering women



Minneapolis

Uptown Pool Schedule

Updated December 11, 2018

Monday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters						Lap
7:00a	*Lap						Open
10:00a	*Lap						Combo
11:00a	*Lap						Open
3:00p	Otters						*Lap
4:00p	Otters						Lap
6:30p	Otters						Lap
7:45p	Masters						Lap
8:45p	*Lap Swim until 10:45 pm						Open

Tuesday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters						Lap
7:30a	*Lap						Open
9:30a	Masters						Lap
10:30a	*Lap						*Interval
11:45a	*Lap						Open
3:00p	Otters						Lap
4:00p	Otters						Lap
5:00p	Otters						Lap
8:15p	*Lap Swim until 10:45 pm						Open

Wednesday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters						Lap
7:00a	*Lap						Open
9:00a	*Lap						*Aqua Social
10:00a	*Lap						Open
11:00a	*Lap						*Shallow
12:00p	*Lap						Open
3:00p	Otters						*Lap
4:00p	Otters						Lap
6:30p	Otters						Lap
7:45p	Masters						Lap
8:45p	*Lap Swim until 10:45 pm						Open

LANES: Lane 1: by West Wall Lane 7: by Stairs/Ramp	
Activity	Description
Lap*	Lap Swimming - * Lanes may be used for private lessons
Open	Leisure & Recreational Swim
Aqua Fitness Class	Open to all members 13+ *Music is added to these class formats.
Program	Registration required

*Private lessons may reserve time during any lap swim marked with an asterisk

Thursday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters						Lap
7:30a	*Lap						Open
9:30a	Masters						Lap
10:45a	*Lap						* Aqua Intervals
11:45a	*Lap						Open
3:00p	Otters						Lap
4:00p	Otters						Lap
5:00p	Otters						Lap
8:15p	*Lap Swim until 10:45 pm						Open

Friday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters						Lap
7:00a	*Lap						Open
9:00a	*Lap						Combo
10:00a	Masters						Lap
11:00a	*Lap						Open
3:00p	Otters						Lap
6:45p	*Lap						Open
9:00p	*Lap Swim until 10:45 pm						Open

Saturday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
7:30a	*Lap						Open
8:00a	Masters						Open
9:00a	*Lap						Open
10:00a	*Lap						Lessons
2:00p	*Lap Swim until 8:45 pm						Open

Sunday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
7:30a	*Lap						Open
9:30a	*Lap						*Zumba
10:30a	*Lap						Open
12:00p	Lessons	*Lap				Lessons	
3:00p	Lessons	Otters				*Lap	
3:20p	Otters						*Lap
6:00p	*Lap Swim until 8:45 pm						Open

This schedule applies to the winter season until updated. A separate schedule will be made for the two-week school break for the period between December 22 and January 6