

eliminating racism  
empowering women



Minneapolis

# Uptown Pool Schedule

June 8- July 29

Monday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters					Lap	
7:00a	Otters					Lap	
9:00a	*Lap						
10:00a	*Lap				Combo		
11:00a	*Lap						Open
3:00p	Open			Lessons			
5:00p	Otters					Lap	
6:30p	Lessons			Lap	Fit and Tone		
7:30p	*Lap Swim until 10:45 pm						Open
9:00p	*Lap Swim until 10:45 pm						Open

Tuesday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters					Lap	
7:00a	Otters					Lap	
9:00a	*Lap						
9:30a	Masters					Lap	
10:30a	*Lap				* Aqua Intervals		
11:45a	*Lap						Open
3:00p	*Lap			Lessons			
5:00p	Otters					Lap	Open
6:30p	*Lap			Lessons			
7:30p	Tri Swim					Lap	Open
8:30p	*Lap						Open
9:00p	*Lap Swim until 10:45 pm						Open

Wednesday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters					Lap	
7:00a	Otters						Open
9:00a	*Lap						
11:00a	*Lap				*Shallow		
12:00p	*Lap						Open
3:00p	*Lap			Lessons			
5:00p	Otters					Lap	
6:30p	*Lap			Lessons			
7:30p	Masters					Lap	Open
8:30p	*Lap						Open
9:00p	*Lap Swim until 10:45 pm						Open

LANES: Lane 1: by West Wall Lane 7: by Stairs/Ramp	
Activity	Description
Lap*	Lap Swimming - * Lanes may be used for private lessons
Open	Leisure & Recreational Swim
Aqua Fitness Class	Open to all members 13+ *Music is added to these class formats.
Program	Registration required

Thursday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters					Lap	
7:00a	Otters					Lap	
9:00a	*Lap						
9:30a	Masters					Lap	
10:30a	*Lap				* Aqua Intervals		
11:45a	*Lap						Open
3:00p	*Lap			Lessons			
5:00p	Otters					Lap	Open
6:30p	*Lap			Lessons			
7:30p	Tri Swim					*Lap	Open
8:30p	*Lap Swim until 10:45 pm						Open

Friday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters					Lap	
7:00a	*Lap						Open
9:00a	*Lap				Combo		
10:00a	Masters					Lap	
11:00a	*Lap Swim until 10:45 pm						Open

Saturday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
7:30a	*Lap						Open
9:00a	*Lap				Combo		
10:00a	*Lap				Lessons		
12:30p	*Lap Swim until 8:45 pm						Open

Sunday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
7:30a	*Lap						Open
9:30a	*Lap				*Zumba		
10:30a	*Lap Swim until 8:45 pm						Open

Otters will hold day camps throughout the summer from 8am-4pm, and rookie camps from 2:30-4pm. These camps will avoid high-demand times and alternate pool and classroom time.

\*Private lessons may reserve time during any lap swim marked with an asterisk