

eliminating racism
empowering women



Minneapolis

Uptown Pool Schedule

Updated January 7, 2019

Monday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters			Lap			
7:00a	*Lap						Open
10:00a	*Lap				Combo		
11:00a	*Lap						Open
3:00p	Otters		*Lap			Open	
4:00p	Otters				Lap		
6:30p	Otters			Lap	Fit and Tone		
7:45p	Masters				Lap	Open	
8:45p	*Lap Swim until 10:45 pm						Open

Tuesday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters			Lap			
7:30a	*Lap						Open
9:30a	Masters			Lap			
10:30a	*Lap				*Aqua Intervals		
11:45a	*Lap						Open
3:00p	Otters				Lap		
6:30p	Otters						Lap
8:15p	*Lap Swim until 10:45 pm						Open

Wednesday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters			Lap			
7:00a	*Lap						Open
9:00a	*Lap				*Aqua Social		
10:00a	*Lap						Open
11:00a	*Lap				*Shallow		
12:00p	*Lap						Open
3:00p	Otters		*Lap			Open	
4:00p	Otters				Lap		
7:45p	Masters				Lap	Open	
8:45p	*Lap Swim until 10:45 pm						Open

LANES: Lane 1: by West Wall Lane 7: by Stairs/Ramp	
Activity	Description
Lap*	Lap Swimming - * Lanes may be used for private lessons
Open	Leisure & Recreational Swim
Aqua Fitness Class	Open to all members 13+ *Music is added to these class formats.
Program	Registration required

*Private lessons may reserve time during any lap swim marked with an asterisk

Thursday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters			Lap			
7:30a	*Lap						Open
9:30a	Masters			Lap			
10:30a	*Lap				*Aqua Intervals		
11:45a	*Lap						Open
3:00p	Otters				Lap		
6:30p	Otters						Lap
8:15p	*Lap Swim until 10:45 pm						Open

Friday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
5:30a	*Lap						Open
6:00a	Masters			Lap			
7:00a	*Lap						Open
9:00a	*Lap				Combo		
10:00a	Masters			Lap			
11:00a	*Lap						Open
3:00p	Otters				Lap		
6:45p	*Lap						Open
9:00p	*Lap Swim until 10:45 pm						Open

Saturday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
7:30a	*Lap						Open
8:00a	Masters			Lap			
9:00a	*Lap						Open
10:00a	*Lap				Lessons		
2:00p	*Lap Swim until 8:45 pm						Open

Sunday							
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5	Ln 6	Ln 7
7:30a	*Lap						Open
9:30a	*Lap				*Zumba		
10:30a	*Lap						Open
12:00p	Lessons		*Lap			Lessons	
3:00p	Lessons		Otters			*Lap	
3:20p	Otters				*Lap		
6:00p	*Lap Swim until 8:45 pm						Open

This schedule applies to the winter season until updated. A separate schedule will be made for the two-week school break for the period between December 22 and January 6