



Minneapolis

Downtown Pool Schedule

Updated January 26, 2019

Monday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30a	*Lap				Open
4:30p	Otters		Lap		Open
6:00p	Lap			Deep/Shallow	
7:00p	*Lap until 8:45p				Open

Tuesday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30a	*Lap				Open
6:30a	Masters			Lap	Open
7:30a	*Lap				Open
9:30a	Lap			Silver Sneakers	
10:30a	*Lap				Open
4:30p	Otters				
6:00p	Masters			Lap	Open
7:00p	*Lap until 8:45p				Open

Wednesday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30a	*Lap				Open
9:00a	Lessons		Lap		Open
11:15a	*Lap				Open
4:30p	Otters				
5:30p	Otters		Lap	Aqua Blast	
6:00p	Lap			Aqua Blast	
6:30p	*Lap until 8:45p				Open

Thursday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30a	*Lap				Open
6:30a	Masters			Lap	Open
7:30a	*Lap				Open
9:30a	Lap			Silver Sneakers	
10:30a	*Lap				Open
4:30p	Otters		Lap		Open
6:00p	Masters			Lap	Open
7:00p	*Lap until 8:45p				Open

LANES: Lane 1: by west wall Lane 5: by stairs/ramp	
Activity	Description
Lap*	Lap Swimming - *lanes may be used for private lessons
Open	Leisure & Recreational Swim
Aqua Fitness Class	Open to all members 13+ *music is added to these class formats.
Program	Registration required
NOTE: NO Lifeguard on Duty	

Friday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
5:30a	*Lap until 8:45p				Open

Saturday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
7:30a	*Lap				Open
9:00a	Lap			Aqua Fit and Tone	
10:00a	*Lap until 4:45p				Open

Sunday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
9:00a	*Lap until 8:45p				Open

Special Events:
Total Immersion Clinics and Lifeguarding classes occasionally occur.