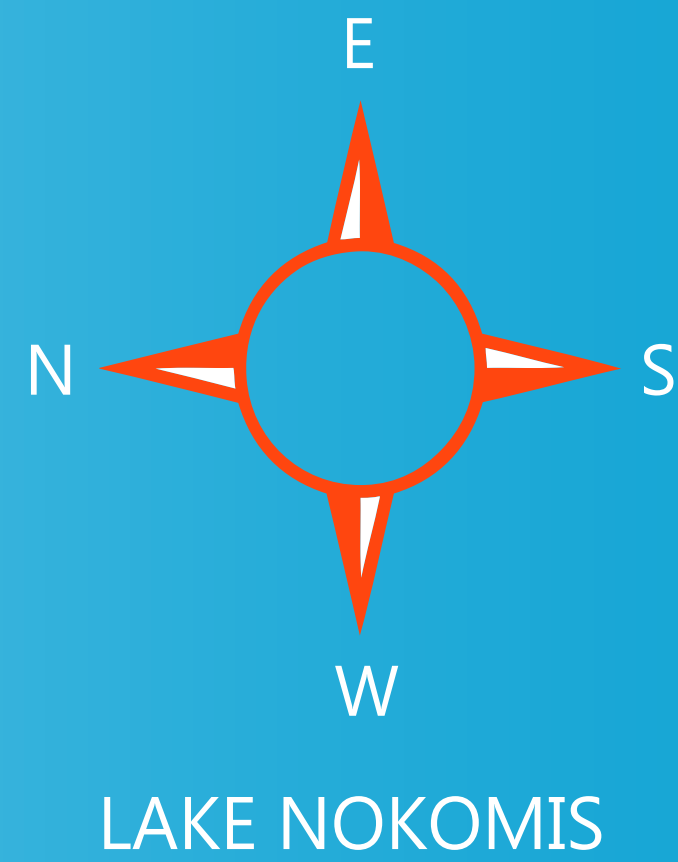


YWCA MINNEAPOLIS WOMEN'S TRIATHLON

SWIM COURSE AND TRANSITION AREA



←
SPRINT SWIM

←
SUPERSPRINT SWIM

Order of Waves:

- Elite
- Sprint Paratriathletes
- Fundraisers
- Relays
- Sprint Age Group
- Sprint Buddy Groups
- SuperSprint Paratriathletes
- SuperSprint Age Group
- SuperSprint Buddy

SWIM FINISH



Warmup Area

Staging Area



SWIM START

Sandcastle Restaurant

Spectator Area

Park Building

Run Path

Bike Path

SWIM IN



SPRINT RUN OUT



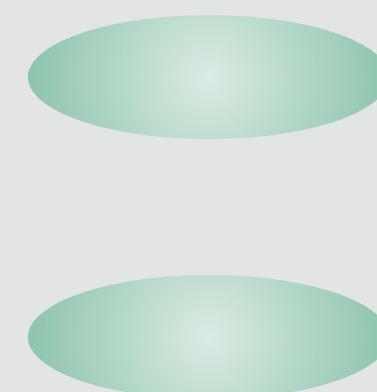
TRANSITION AREA (TA)

- Must walk/run bike in TA and wear helmet when bike is off rack
- Only athletes and race staff allowed in TA
- TA opens 5:45 am. Athletes must clear TA by 7:45 am for Pre-Race Meeting.
- After finishing, athletes are not allowed back in TA until final biker has left on the run to ensure a safe and quality experience for all participants.

DISMOUNT BIKES

BIKE IN

SUPERSPRINT RUN OUT



MOUNT BIKES

BIKE OUT

W. Lake Nokomis Pkwy