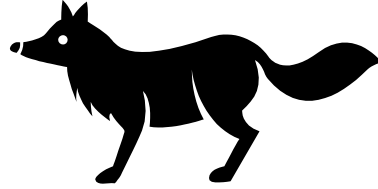


**2020 YWCA Silver Fox  
Women's Winter Basketball League  
Women 40+  
Midtown YWCA / Minneapolis Sports Center  
2121 E. Lake Street Mpls. MN 55407**



**Registration Begins: Monday, December 23rd  
Registration Ends: Friday, January 10<sup>th</sup>**

**Games begin Wednesday, January 15<sup>th</sup>  
Games end: Wednesday, March 18<sup>th</sup>**

**Game times rotate weekly: 6:00, 6:55, 7:50 and 8:45pm**

**\$650 per team**

**One payment per team please.  
No more than 12 players per teams**

**Early registration is highly recommended!  
League Coordinator: Tanysha Scott  
612-215-4354 or [tscott@ywcamppls.org](mailto:tscott@ywcamppls.org)**

**eliminating racism  
empowering women  
ywca**



## **YWCA Basketball League Game Rules:**

We use the NFHS rules with the exception of rules noted with a \* below.

- A. In order to start the game, 4 players from the official team roster must be present.
- B. Forfeit time is 5 minutes past game start time. \*
- C. Any team forfeiting must notify the League Coordinator 24 hours prior to the scheduled game time. \*
- D. Only players on the official team roster will be allowed to play for their team. The league coordinator and the opposing team captain should approve substitutes. This should be done prior to the tip off. Teams cannot dispute subs once the game has started regardless of the circumstances, unless once the game has started, a sub comes in the game who is not on the official team roster).
- E. All teams must have numbered, matching dark and light shirts/jerseys. Team's who do not have matching/numbered jerseys will be issued a technical foul to start the game (automatic 2 points and the ball).
- F. Each team is allotted 2 – 30 second timeouts per half. \*
- G. Each game consists of two 20-minute halves. First half is running time. If a team is in the lead by 11 points or more with less than 2 minutes left in the game it will stay running time. If the lead falls to 10 points or less, the clock will stop on dead ball situations. \*
- H. Substitutions can be made on dead ball situations only. The referee and scorer must acknowledge the substitute and buzz them in. A technical foul will be given if a substitute goes into the game without being acknowledged by both the referee and the scorekeeper. You must wait until the 1<sup>st</sup> free throw is shot when subbing on a two shot free throw situation.
- I. Bonus situation occurs on the 7<sup>th</sup> foul. Double bonus occurs on the 10<sup>th</sup> foul in each half.
- J. Players are allotted 5 fouls during the game. If a player receives their 5<sup>th</sup> foul and must stay in the game for their team to have enough players, each foul that player receives after their 5<sup>th</sup> will result in a technical foul.\*
- K. We play on “the release” for free throws. \*
- L. Overtime will be two minutes. The first minute will have a running clock and the last minute will be stop-time on dead ball situations. Triple OT is sudden victory. \*
- M. NO PRESSING or FASTBREAKING if your team is up by 20 or more points in the second half. \* If the defensive team is pressing, you may fastbreak.
- N. All players must address the referees and score keepers in a polite, adult manner. This league promotes good sportsmanship! \*
- O. No refunds of league fees. \*
- P. NO JEWELRY CAN BE WORN DURING LEAGUE PLAY!
- Q. Please wait until there is a dead ball to ask our scorekeepers questions.

- = exception to NFHS rules

### **Midtown YWCA Policy:**

- A. All players must provide a valid picture ID (state driver's license or ID card) and sign in at the check in desk for admittance – no exceptions!



# Silver Fox League Team Roster

**ATTENTION: TANYSHA SCOTT**

Team Name: \_\_\_\_\_

Captain Name: \_\_\_\_\_

(H) Phone #: \_\_\_\_\_

Email Address: \_\_\_\_\_

(W) Phone #: \_\_\_\_\_

**CIRCLE ONE: A league      B league**

Visa      Discover      MasterCard      American Express (circle one)

Credit Card #: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

League Fee: \$650.00 per team. One team payment please.

	<b>Player Name</b>	<b>Age</b>	<b>Email</b>	<b>Phone #</b>
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
11				
12				