Registration begins Monday, December 23rd
Registration ends: Friday, January 10th

Games begin:
Wednesday, January 15th

Games end:
Wednesday, March 18th

Game times rotate weekly:
6:00, 6:55, 7:50, 8:45, 9:40pm

$650.00 per team
Individual sign ups welcome
No more than 12 players per team

Early registration is highly recommended!
League Coordinator: Tanysha Scott 612-215-4354 or tscott@ywcampls.org
YWCA Basketball League Game Rules:

We use the NFHS rules with the exception of rules noted with a * below.

A. In order to start the game, 4 players from the official team roster must be present.
B. Forfeit time is 10 minutes past game start time. *
C. Any team forfeiting must notify the League Coordinator 24 hours prior to the scheduled game time. *
D. Only players on the official team roster will be allowed to play for their team. The league coordinator and the opposing team captain should approve substitutes. This should be done prior to the tip off. Teams cannot dispute subs once the game has started regardless of the circumstances, unless once the game has started, a sub comes in the game who is not on the official team roster). *
E. All teams must have numbered, matching dark and light shirts/jerseys. Teams who do not have matching/numbered jerseys will be issued a technical foul to start the game.
F. Each team is allotted 2 – 30 second timeouts per half. *
G. Each game consists of two 20-minute halves. First half is running time. If a team is in the lead by 11 points or more with less than 2 minutes left in the game it will stay running time. If the lead falls to 10 points or less, the clock will stop on dead ball situations. *
H. Substitutions can be made on dead ball situations only. The referee and scorer must acknowledge the substitute and buzz them in. A technical foul will be given if a substitute goes into the game without being acknowledged by both the referee and the scorekeeper. You must wait until the first free throw is shot when subbing on a two shot free throw situation.
I. Bonus situation occurs on the 7th foul. Double bonus occurs on the 10th foul in each half.
J. Players are allotted 5 fouls during the game. If a player receives their 5th foul and must stay in the game for their team to have enough players, each foul that player receives after their 5th will result in a technical foul.*
K. We play on “the release” for free throws. *
L. Overtime will be two minutes. The first minute will have a running clock and the last minute will be stop-time on dead ball situations. Triple OT is sudden victory. *
M. NO PRESSING if your team is up by 20 or more points in the second half. *
N. All players must address the referees and score keepers in a polite, adult manner.
This league promotes good sportsmanship! *
O. The league is a 10-week season including playoffs. Teams are not guaranteed 10 games. *
P. No refunds of league fees.*
Q. NO JEWELRY CAN BE WORN DURING LEAGUE PLAY!
R. Please wait until there is a dead ball to ask our scorekeepers questions.

* = exception to NFHS rules

Midtown YWCA Policy:

A. All players must provide a valid picture ID (state driver’s license or ID card) and sign in at the check in desk for admittance – no exceptions!
B. Guests must present a valid picture ID – no exceptions.
C. Any fighting, be it physical or verbal, will result in suspension from the league. There will be no refunds. No exceptions.
YWCA Basketball League Team Roster
ATTN: Tanysha Scott

Team Name: ________________________________

Circle One:  A league  B league  C league

Captain Name: ___________________________  (H) Phone #: ___________________________
Email Address: ___________________________  (W) Phone #: ___________________________

Visa  MasterCard  American Express  Discover  (circle one)

Credit Card #: ___________________________  Expiration Date: _____________

Signature: ________________________________  Date: ________________

League Fee: $650.00 per team

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**Winter 2020**

**Registration Information**

**League Fees:** $650.00 per team. Teams must pay with one check (made payable to the YWCA) or charge (Visa, Discover, American Express or MasterCard). All team payments are non-refundable.

**League**

**Begins:** Wednesday, January 15th

**Ends:** Wednesday, March 18th

**Venue:** Midtown YWCA/Minneapolis Sports Center  
2121 E. Lake Street Mpls, MN  55407

**Game Times:** 6:00, 6:55, 7:50, 8:45, 9:40pm – game times rotate weekly  
(We do our very best to not schedule more than three 9:40 games per team).

**NOTES:**
- No more than 12 players/team.
- All registrations must be completely filled out with first and last names of all players.
- *You MUST present your photo ID at the check in desk each week-no exception!*
- NON-MEMBERS WELCOME!

If you have any questions or comments, please call Tanysha Scott @ 612.215.4354  
Or e-mail: tscott@ywcampls.org