

COVID-19 Student Daily Participation Checklist

Each day prior to arriving, you must perform and agree to COVID-19 Student Daily Participation Checklist. Face coverings are required in all indoor spaces, except in the pool.

- I am not exhibiting any of the following symptoms associated with COVID-19:
 - Fever of 100.4°F or greater
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- I have not been in close contact with anyone within the last 14 days who has been quarantined or isolated due to COVID-19.
- I have not been advised by any medical provider or health authority that I may have been exposed to COVID-19.
- I have not traveled out of the country in the past 30 days, or been in close contact with anyone who has traveled out of the country in the past 30 days.
- I understand that youth and adults are to wear a face covering when indoors (ages 5 and under are exempt).
- I understand that in the case that I am notified that I may have been exposed to COVID-19 or start to exhibit any of the symptoms above while participating, I will immediately halt all participation where I am in contact with others, notify my coach/instructor, and vacate the premises.