



## Minneapolis

Monday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
6:00a	*Lap				Open
10:30a	Lap	*Aqua Zumba 10:45-11:30am			
11:30a	*Lap				Open
5:30p	*Lap				
6:15p	*Lap until 6:45p				Open

Tuesday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
6:00a	*Lap				Open
6:30a	Masters			Lap	Open
7:30a	*Lap				Open
9:00a	Lap	*Water Fitness			
9:45a	*Lap until 6:45p				Open

Wednesday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
6:00a	*Lap				Open
5:30p	Lap	*Water Fitness			
6:15a	*Lap until 6:45p				Open

Thursday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
6:00a	*Lap				Open
6:30a	Masters			Lap	Open
7:30a	*Lap				Open
9:00a	Lap	*Water Fitness			
10:00a	*Lap until 6:45p				Open

A cleansing shower with soap is required immediately before entry into the pool.

# Downtown Pool Schedule

September 7 - November 6, 2022

LANES: Lane 1: by west wall Lane 5: by stairs/ramp	
Activity	Description
Lap*	Lap Swimming - *lanes may be used for private lessons
Open	Leisure & Recreational Swim
Aqua Fitness Class	Open to all members 13+ *music is added to these class formats.
Program	Registration required
NOTE: NO Lifeguard on Duty	

Friday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
6:00a	*Lap until 6:45p				Open

Saturday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
9:00a	*Lap				Open
9:45a	Lap	*Water Fitness			
11:00a	*Lap until 12:15p				Open

Sunday					
Time	Ln 1	Ln 2	Ln 3	Ln 4	Ln 5
9:00a	*Lap until 12:15p				Open

**Special Events:**  
Total Immersion Clinics and Lifeguarding classes occasionally occur. Please check Facility Notices.

Private lessons may reserve time during any lap swim marked with an asterisk (\*).