



## Minneapolis

| Monday |                  |                           |      |      |      |
|--------|------------------|---------------------------|------|------|------|
| Time   | Ln 1             | Ln 2                      | Ln 3 | Ln 4 | Ln 5 |
| 6:00a  | *Lap             |                           |      |      | Open |
| 10:30a | Lap              | *Aqua Zumba 10:45-11:30am |      |      |      |
| 11:30a | *Lap             |                           |      |      | Open |
| 5:30p  | *Lap             |                           |      |      |      |
| 6:15p  | *Lap until 6:45p |                           |      |      | Open |

| Tuesday |                  |                |      |      |      |
|---------|------------------|----------------|------|------|------|
| Time    | Ln 1             | Ln 2           | Ln 3 | Ln 4 | Ln 5 |
| 6:00a   | *Lap             |                |      |      | Open |
| 6:30a   | Masters          |                |      | Lap  | Open |
| 7:30a   | *Lap             |                |      |      | Open |
| 9:00a   | Lap              | *Water Fitness |      |      |      |
| 9:45a   | *Lap until 6:45p |                |      |      | Open |

| Wednesday |                  |                |      |      |      |
|-----------|------------------|----------------|------|------|------|
| Time      | Ln 1             | Ln 2           | Ln 3 | Ln 4 | Ln 5 |
| 6:00a     | *Lap             |                |      |      | Open |
| 5:30p     | Lap              | *Water Fitness |      |      |      |
| 6:15a     | *Lap until 6:45p |                |      |      | Open |

| Thursday |                  |                |      |      |      |
|----------|------------------|----------------|------|------|------|
| Time     | Ln 1             | Ln 2           | Ln 3 | Ln 4 | Ln 5 |
| 6:00a    | *Lap             |                |      |      | Open |
| 6:30a    | Masters          |                |      | Lap  | Open |
| 7:30a    | *Lap             |                |      |      | Open |
| 9:00a    | Lap              | *Water Fitness |      |      |      |
| 10:00a   | *Lap until 6:45p |                |      |      | Open |

A cleansing shower with soap is required immediately before entry into the pool.

# Downtown Pool Schedule

January 16-February 26, 2023

| <b>LANES:</b> Lane 1: by west wall Lane 5: by stairs/ramp |  |
|---|--|
| Activity  | Description  |
| Lap*  | Lap Swimming -<br>*lanes may be used for private lessons           |
| Open  | Leisure & Recreational Swim  |
| Aqua Fitness Class  | Open to all members 13+<br>*music is added to these class formats. |
| <b>Program</b>  | <b>Registration required</b>                                       |
| <b>NOTE: NO Lifeguard on Duty</b>                         |  |

| Friday |                  |      |      |      |      |
|--------|------------------|------|------|------|------|
| Time   | Ln 1             | Ln 2 | Ln 3 | Ln 4 | Ln 5 |
| 6:00a  | *Lap until 6:45p |      |      |      | Open |

| Saturday |                   |                |      |      |      |
|----------|-------------------|----------------|------|------|------|
| Time     | Ln 1              | Ln 2           | Ln 3 | Ln 4 | Ln 5 |
| 9:00a    | *Lap              |                |      |      | Open |
| 10:15a   | Lap               | *Water Fitness |      |      |      |
| 11:00a   | *Lap until 12:15p |                |      |      | Open |

| Sunday |                   |      |      |      |      |
|--------|-------------------|------|------|------|------|
| Time   | Ln 1              | Ln 2 | Ln 3 | Ln 4 | Ln 5 |
| 9:00a  | *Lap until 12:15p |      |      |      | Open |

**Special Events:**  
Total Immersion Clinics and Lifeguarding classes occasionally occur. Please check Facility Notices.

Private lessons may reserve time during any lap swim marked with an asterisk (\*).