

STRONG Fast FIT

Summer 2023

For youth in grades 3 - 8 who identify as African American, East African, Hmong, Hispanic/Latinx and Native American.

June 26 - Aug. 3

Register Online: March 31 - June 16

Grades 3 - 5: Mon. and Wed., 12:00 pm - 3:00 pm

Grades 6 - 8: Tues. and Thurs., 12:00 pm - 3:00 pm

YWCA Midtown - Room 155/156
2121 East Lake Street

Take home assignments
and kits provided.

Questions? Contact: Jessie Vang at
jvang@ywcamppls.org or 612.215.4373



EXPLORE



Summer
Safety



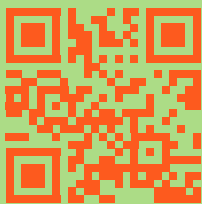
Nutrition



Health and
Wellness



STEM



Sign Up!

ywcamppls.org/sff

eliminating racism
empowering women

ywca

Minneapolis